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El Cochero Cartas para Claudia Mirar de nuevo Informe especial del Ministerio de obras públicas sobre el ferrocarril trasandino al Congreso de 1904 Maestras de amor Un cuento triste no tan triste El difícil vínculo entre padres e hijos La vida no admite representantes De la autoestima al egoísmo, miedos, culpa Las tres preguntas Manual para estar en pareja Infidelidad Marcos Aguinis Jorge Bucay Demián Bucay Ecuador. Ministerio de Obras Públicas Jordi de Toth Jorge Bucay Demián Bucay Jorge Bucay Manuel González Gil Jorge Bucay Demián Bucay Demián Bucay

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demián bucay nos enseña a resolver los conflictos y responder a las dudas de la vida cotidiana en pareja o en familia y que incluso a veces nos planteamos con y contra nosotros mismos a través de breves planteamientos prácticos y ayudándose de relatos anécdotas fábulas y ejemplos extraídos de libros y películas con humor sencillez y rigor nos insta a afrontar nuestros problemas y solventarlos desde una nueva perspectiva más constructiva creativa y positiva porque está en nuestra mano superar estas dificultades o al menos entenderlas y asumirlas

por esta novela desfilan una serie de personajes femeninos diseccionados desde un nuevo paradigma una nueva energía que se instala en la tierra formando en el cielo la luz cósmica y que los mayas bautizaron como el salón de los espejos mujeres que no dejarán al lector indiferente con unas conversaciones muy interesantes y filosóficas mujeres de fuego mujeres de hielo pero todas maestras de amor

una vez más el exitoso terapeuta jorge bucay echa mano de su talento como contador de historias para ahondar mediante los recursos propios de la literatura en asuntos

que nos conciernen a todos este cuento expone verdades esenciales para vivir mejor narrado desde el punto de vista de una niña cuyos padres se han separado el relato describe el encuentro entre este personaje y su abuela una mujer de carácter difícil que tras su aparente frialdad oculta un secreto que será revelado poco a poco el resultado es tan emotivo como iluminador

jorge y demián bucaý analizan el vínculo que existe entre padres e hijos y buscan responder preguntas fundamentales qué es ser padres por qué serlo para qué qué es lo que hace que podamos decir de alguien es padre o es madre echando mano de su experiencia clínica y también de sus vivencias personales los autores desarrollan diversos temas en torno a la paternidad y afirman que más allá del aspecto biológico ser padre tiene que ver con cumplir una función que implica actuar pensar y sentirse como tal el lector encontrará una clasificación de los diferentes tipos de padres que existen negligentes autoritarios permisivos correctos y una serie de consejos prácticos útiles para construir el tipo de relación que desees establecer con tus hijos

qué te propones ser y hacer en los próximos diez años todos hemos temido en algún momento responder a esta pregunta a fin de cuentas enfrentarla con todas sus implicaciones significa abandonar las inseguridades hacernos responsables de nuestras decisiones y dejar de asumir a ciegas los valores rutas y experiencias de las personas que conocemos y admiramos jorge bucaý nos recuerda en este libro que el camino del cambio como el de la congruencia la excelencia o la consciente continuidad siempre puede comenzar aquí y ahora en el momento exacto en que lo decidimos sus páginas son una invitación a conocer nuestras fortalezas y debilidades tomar las riendas de la vida y emprender la compleja pero maravillosa aventura de ser nosotros mismos nadie puede buscar por ti nadie puede aprender por ti nadie puede crecer por ti nadie puede hacer por ti lo que tú debes hacer por ti porque la vida no admite representantes jorge bucaý

de la autoestima al egoísmo miedo culpa

a lo largo de los siglos y sin importar la época la cultura o las circunstancias particulares de cada pueblo los seres humanos nos hemos planteado tres cuestiones que parecen resumir el misterio de la existencia en este hermoso libro las tres preguntas jorge bucaý nos plantea el desafío que representan estas tres preguntas milenarias quién soy adonde voy y con quién para el terapeuta y escritor no se trata de una indagación abstracta sino de un reto que tiene que ver con nuestra

individualidad concreta al intentar responderá estas interrogantes nos situamos frente a una tarea que todos estamos obligados a emprender tarde o temprano el encuentro definitivo con nosotros mismos con el propósito fundamental de nuestra existencia y con el proceso de abrirnos al amor y hallar a nuestros verdaderos compañeros de ruta

formar una pareja es sólo el primer paso de una larguísima carrera afirma el psicoterapeuta demián buca y no basta con el amor construir la relación y mantenerla requiere reflexión y trabajo y ante todo un equilibrio entre amor pasión y proyecto basado en su experiencia clínica así como en ejemplos de la literatura y el cine buca y recorre los temas que afectan a las parejas desde la infidelidad y los celos hasta la administración del tiempo y la gestión de desacuerdos finalmente el autor nos obliga a replantearnos los modelos de pareja y redefinir nuestros objetivos para vivir en armonía y plenitud la riqueza de la vida en común

por qué la infidelidad resulta tan devastadora es evitable estas son algunas de las preguntas sobre las que reflexiona demián buca y en este libro lejos de dogmas y prejuicios y en torno a una realidad que nos acompaña desde tiempos inmemoriales de forma amena y con numerosos ejemplos el autor nos invita a cuestionar nuestras opiniones acerca de la infidelidad al tiempo que hace hincapié en sus antecedentes motivaciones y consecuencias un libro que lejos de hablar del desencuentro es una oda a la pareja al amor y a la libertad el manual para abordar una de las situaciones más difíciles de las relaciones de pareja

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